

Check out https://lowellk12ma.nutrislice.com/ for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.



MEMORIAL \* \* DAY \* \* Cinnamon Raisin Bagel

27 Mini Strawberry Filled Bagel

Chocolate Chip Muffin

Served with Oranges & Juice

28 \*NEW\* Peaches and Cream **Smoothies** 

Asst. Cereal Bar

Served with Apples & Clementines

29 Mini Cini Caramel Bagel

Blueberry Pom Granola Bake

Served with Fresh Fruit Cup & Juice

30 Egg & Cheese Wake up Wrap

Bagel with Cream Cheese

Served with Apples & Bananas

Assorted Cereal Bowls with **Graham Cracker** 

Served with Apples & Pears

Sausage, Egg, and Cheese Bagel

Chocolate Chip Muffin

Served with Oranges & Juice

Apple Frudel

Assorted Cereal Bar

Served with Apples & Clementines

Mini Cini Caramel

Oatmeal Rounds

Served with Fresh Fruit Cup & Juice

6

**Breakfast Smoothie** 

Bagel with Cream Cheese

Served with Apples & Bananas

Maple Mini Waffle

Assorted Cereal Bowl with **Graham Cracker** 

Served with Apples & Pears

10

Bacon Egg & Cheese Bagel Sandwich

Blueberry Muffin

Served with Oranges & Juice

11

**Chocolate Filled Crescent** 

Benefit Bar

Served with Apples & Clementines

12

Sausage, Egg & Cheese Wake up Wrap

UBR

Served with Fresh Fruit Cup & Juice

13

Cinnamon Roll

Mixed Berry Yogurt Parfait

Served with Apples & Bananas

16 Cooks Choice



Served with fresh fruits